



# Our Healthy Jackson County (OHJC) Update

March 4, 2024



# Primary OHJC Goals

## Vaccinations



- Increase access to **VACCINATIONS** (COVID-19, influenza, and HPV)

## Health Screenings



- Increase access to **HEALTH SCREENINGS**, referrals to treatment, and treatment services (e.g., dental, STDs)

## Prevention Programs



- Provide access to **DIABETES PREVENTION** programming
  - Address **INFANT MORTALITY** with family planning program

## Research



- Conduct **RESEARCH** to determine effective strategies to reduce health inequities



Faith Organizations



Youth Organizations



Businesses



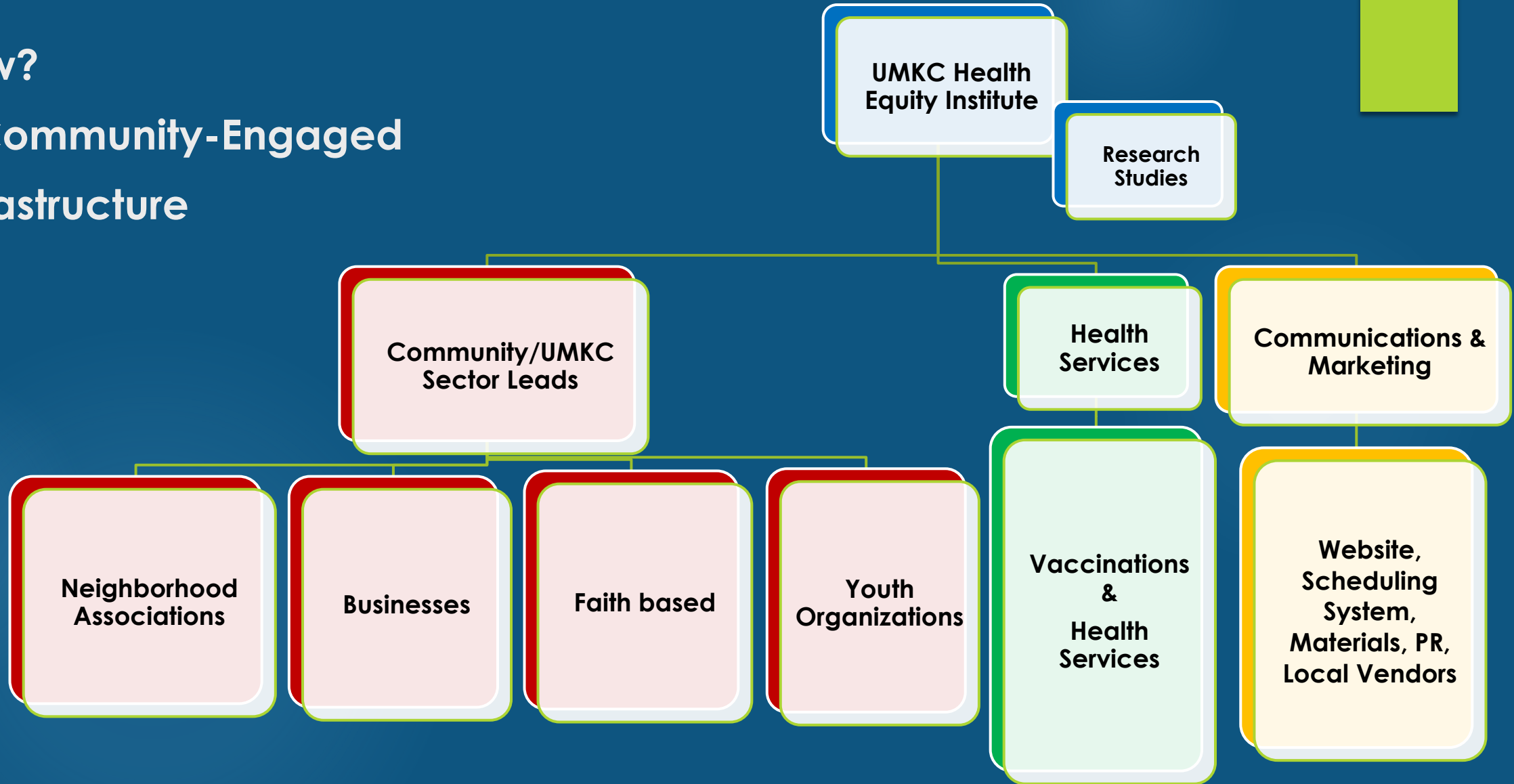
Neighborhood  
Associations

# A Community Mobilization Initiative to Improve Health

Our Healthy Jackson County

How?

# A Community-Engaged Infrastructure



60 community partners across 4 sectors!

# Vaccinations

---

2,815

Total Vaccinations

- 2,529 COVID-19
- 33 HPV
- 253 Flu



# Health Screenings & Referrals Delivered N = 1,414



**1,136**  
Health Screenings Delivered

Blood Pressure  
211

Blood Glucose  
186

Cancer  
138

Mental Health  
136

STDs  
352

Dental  
113



**278**  
Referrals Made

Blood Pressure  
54

Blood Glucose  
19

Cancer (Tobacco Cessation)  
29

Mental Health  
17

STDs  
46

Dental  
113



STAFF/VOLUNTEER  
PROTECT  
Jackson County

STA  
I GOT MY VACCINATIONS AND  
RECEIVED HEALTH SCREENING

Volunteers and Staff: 123

# OHJC Participating Organizations (N=60)

Heaven Sent Outreach Ministries (Raytown)

Second Baptist Church (KC)

Apostolic COG (KC)

Rhema Church (Independence)

Mt. Sinai Baptist Church (KC)

Macedonia Baptist Church (KC)

Calvary Temple (Westside KC)

Victory Temple (KC)

Centennial UMC (Westside KC)

Glory Bible Fellowship International (Lee's Summit)

Sunlight Baptist Church (KC)

Kingdom Word Ministries (KC)

Morningstar Baptist Church (KC)

Bethel Family Worship Center (South KC)

Jamison Memorial Temple (KC)

Victorious Life Church (KC)

[UM Extension \(Westside KC/ Independence\)](#)

KC Digital Drive (KC)

[Sam Rodgers Health Center \(KC\)](#)

Swope Health (KC)

W.E.B. Du Bois Learning Center (KC)

ASTEAM Village (KC)

[Harris Park \(KC\)](#)

HYPE:Helping Youth Plan for Excellence (KC)

[Young Family Farm \(Blue Springs\)](#)

GAGE Center (KC)

[Gaudalupe Center HS \(KC\)](#)

[Greater Kansas City Hispanic Collaborative \(KC\)](#)

Operation Breakthrough (KC)

Youth Ambassadors (KC)

Cleaver YMCA (KC)

Boys & Girls Club-Thornberry (KC)

Linwood Y (KC)

Mystic Stormz Dance Factory (KC)

The Porter House KC (Westside KC)

Amethyst Place (KC)

Diversity Health (Westside KC)

Ruby Jeans Juicery (KC)

The Laya Center ( Westside KC)

The Next Paige (KC)

Blue Hills (KC)

[Boston Heights/Mount Hope \(Westside KC\)](#)

Eastwood Hills (KC)

[Dunbar \(KC\)](#)

Hickman Mills United (South KC)

Holmes Garden (South KC)

[Independence Plaza \(Northwest KC\)](#)

[Indian Mound/Mattie Rhodes \(Northeast KC\)](#)

Ivanhoe (KC)

Key Coalition (KC)

Sante Fe (KC)

Vineyard (KC)

Washington Wheatley (KC)

Wendell Phillips (KC)

[Pendleton Heights \(Northeast KC\)](#)

Columbus Park (Westside KC)

Blue Hills (KC)

University Health (Westside KC)

Black Health Care Coalition (KC)

Messenger Ink (KC)

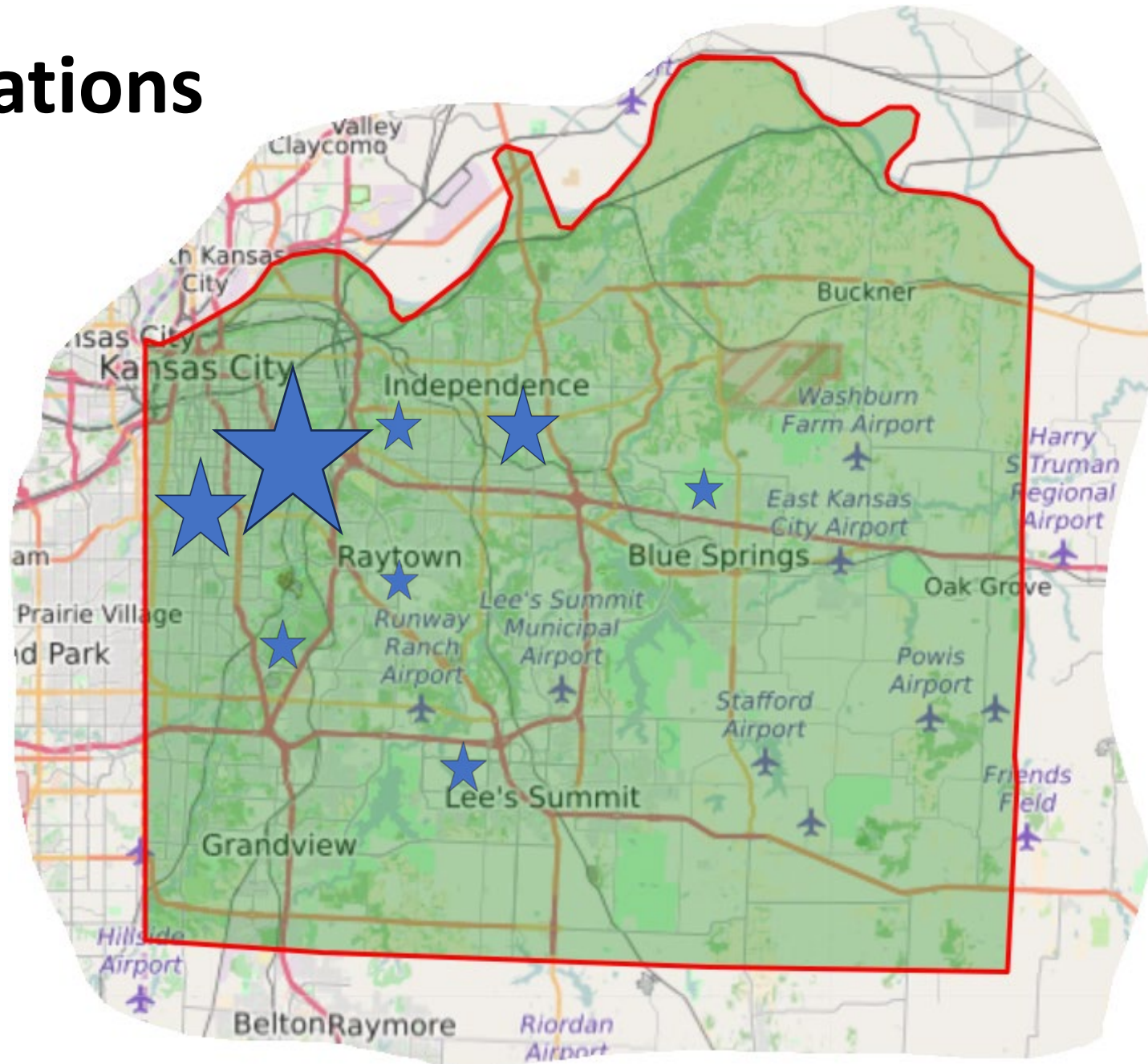
[About 150 Community Health Liaisons](#)

[Note: Organizations in blue serve Hispanic populations](#)

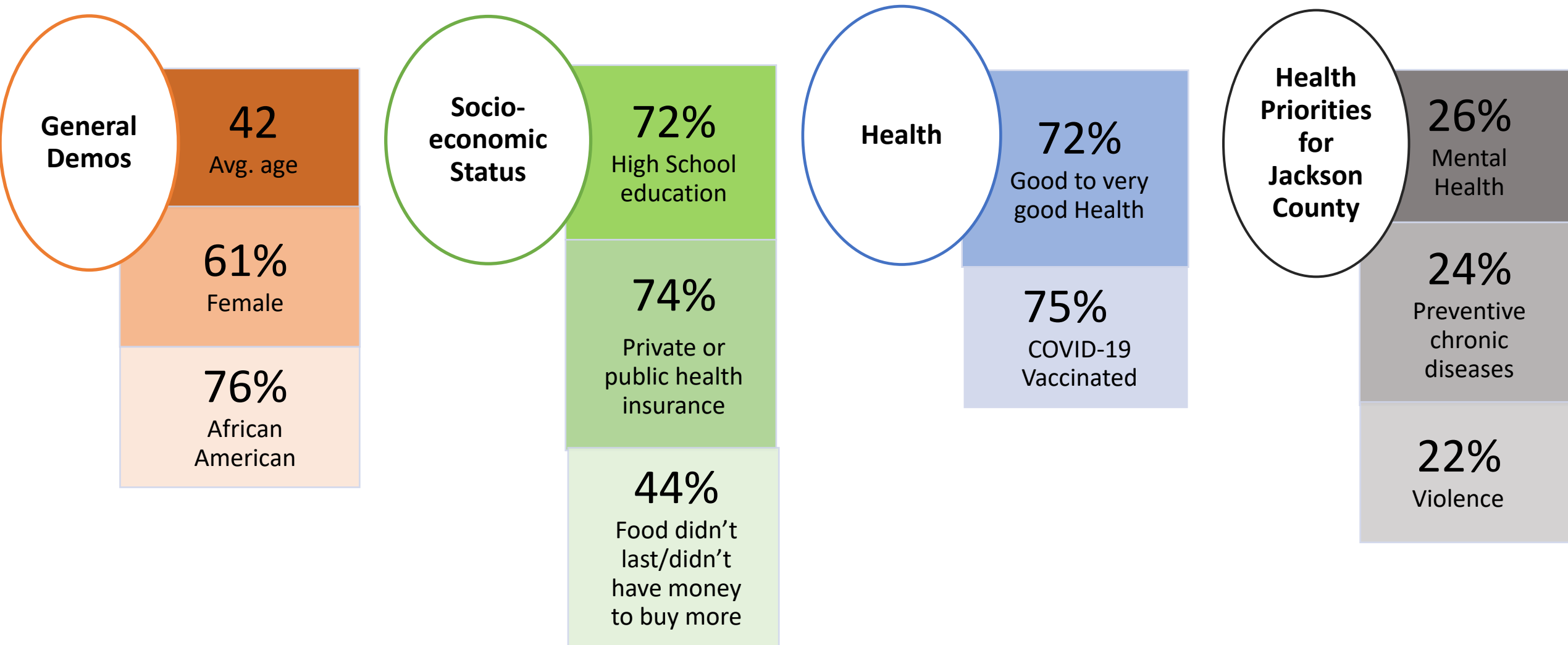


# OHJC Organization Locations in Jackson County

- Blue Springs
- Independence
- Kansas City (Midtown)
- Kansas City (Westside)
- Kansas City (Northeast)
- Kansas City (South)
- Lee's Summit
- Raytown



# OHJC Health Beliefs and Behaviors Survey: Participant Characteristics (N=521)



# FIT4LIFE Diabetes Prevention Program

- Goal:** Lose modest amount of weight and physical activity (150 minutes/week)
- Who:** Prediabetic, diabetic, and other persons who want to lose weight
- What:** 6-month in-person classes with follow-up virtual maintenance sessions
  - Focus on healthy eating and exercise
  - Text messages to encourage exercise
  - Certified peer coaches from community
  - Linkage to community-based exercise
- When:** A class starting nearly every other month beginning April/May
- Where:** Community partners and federally qualified health centers

## Pilot Project (N=16)

- Current class held at Swope Health



## FIT4LIFE Program Referrals

# Infant Mortality Early Prevention: Family Planning

## Phase 1: Understanding Needs and Issues

### Reproductive age potentially birthing persons Survey responses (N=205)

- 15-45 yrs old; 29 average age
- Less than 50% had well-woman exam past year
- 82% would be willing to discuss family planning
- About 10% want to get pregnant in next year
  - 84% want support with family planning
- 47% don't have enough money for food
- 30% exposed to violence (gun, assault)

### Listening session highlights

- Very few planned their births
- Unaware of healthy pregnancy steps, except stopping contraceptive
- Many people don't have OB/GYNs
- Clinics, community events, and ERs



### WE-CARE Family Planning: Preconception Counseling

- Preventative Care
  - Exam
  - Labs, pap smear, STD screening
- Review status of chronic illnesses
  - High blood pressure, diabetes, asthma
- Review medications
- Assess mental health and social determinants of health

# Other Activities and Accomplishments



## Meetings with Jackson Co Health & KCMO Health Departments

- Joint training on IRIS health services & community resources referral system
- Sharing of data and information on activities
- Quarterly meetings



## Association of American Medical Colleges Community Engagement Award

- Spencer Foreman Award
- National Webinar announcement
- Special announcement and reception at national conference in Seattle, WA
- Monetary award



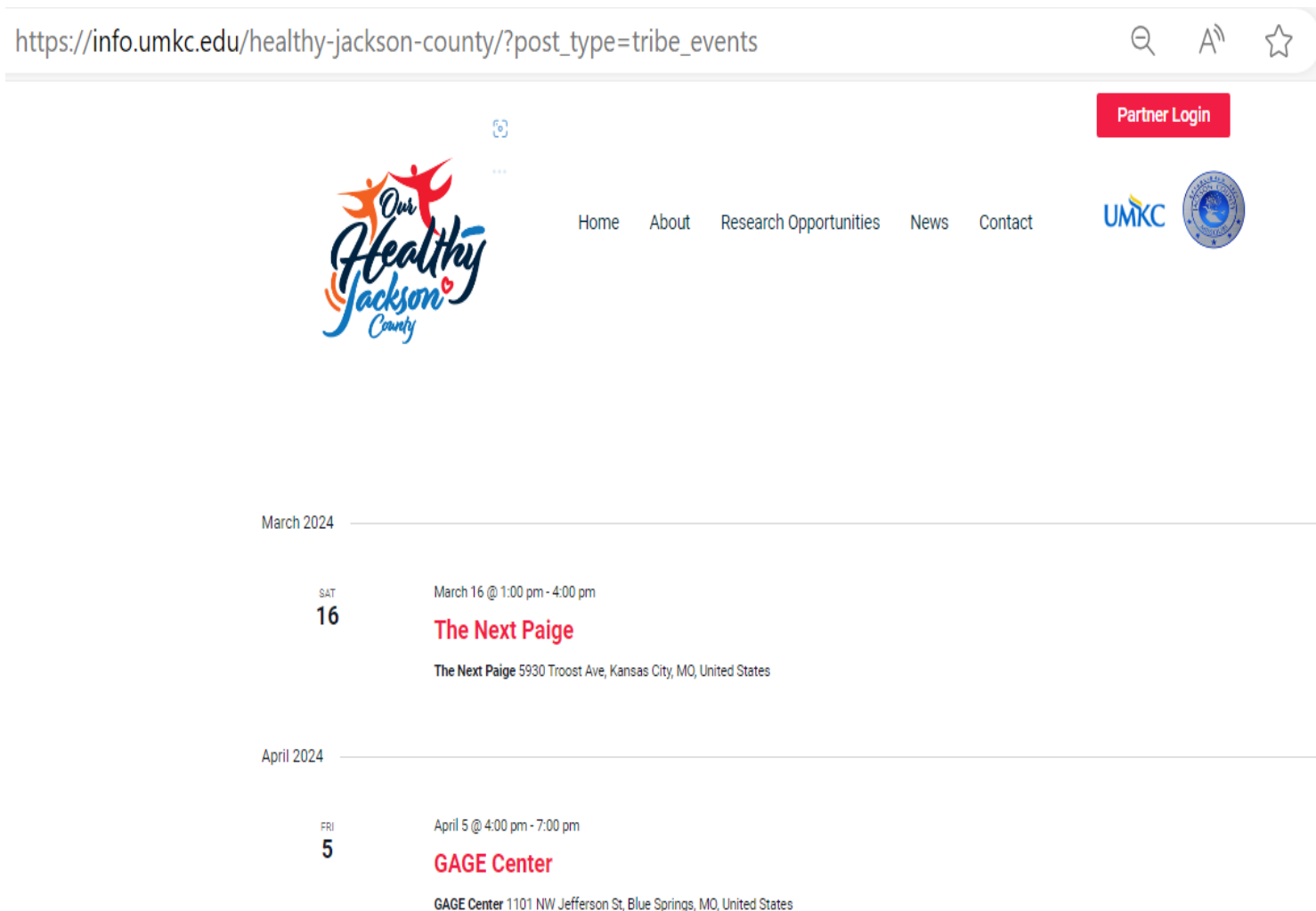
## American Public Health Association Leadership Film Series

- Mini-documentary filmed at OHJC community-clinic with OHJC sector leaders
- Shown on Atlanta conference center monitors, hotel rooms, & conference social media at national conference



# Upcoming OHJC Community-Clinic Events

Check out the [Our Healthy Jackson County Website](https://info.umkc.edu/healthy-jackson-county/?post_type=tribe_events)



The screenshot shows a web browser with the URL [https://info.umkc.edu/healthy-jackson-county/?post\\_type=tribe\\_events](https://info.umkc.edu/healthy-jackson-county/?post_type=tribe_events). The page features the 'Our Healthy Jackson County' logo on the left and a navigation menu with 'Home', 'About', 'Research Opportunities', 'News', and 'Contact'. A 'Partner Login' button is visible in the top right. The main content area lists two upcoming events:

Month	Date	Event Name	Location
March 2024	SAT 16 @ 1:00 pm - 4:00 pm	<b>The Next Paige</b>	The Next Paige 5930 Troost Ave, Kansas City, MO, United States
April 2024	FRI 5 @ 4:00 pm - 7:00 pm	<b>GAGE Center</b>	GAGE Center 1101 NW Jefferson St, Blue Springs, MO, United States



Join with us in connecting to organizations that can be impactful in coordinating OHJC community-clinics