IN THE COUNTY LEGISLATURE OF JACKSON COUNTY, MISSOURI

A RESOLUTION awarding a contract for the furnishing of special event catering services for use by COMBAT, to American Food & Vending Services of Missouri, Inc., at a cost to the County not to exceed \$3,031.00.

RESOLUTION #17972, September 10, 2012

INTRODUCED BY James D. Tindall, County Legislator

WHEREAS, COMBAT, in conjunction with the Missouri Division of Alcohol & Drug Abuse, is sponsoring a conference to be held September 27, 2012, at the Kauffman Foundation Conference Center in Kansas City; and,

WHEREAS, the conference will have a series of workshops to assist in implementing evidenced-based practices within the community, which is consistent with the mission and goals of the COMBAT Drug Commission; and,

WHEREAS, the Kauffman Foundation Conference Center is being provided at no cost, but the County will be required to use the Foundation's designated catering service; and,

WHEREAS, the Drug Commission reviewed the conference plans and recommends the issuance of a purchase order for these services; and,

WHEREAS, approval of the proposal is in the best interest of the health, safety, and

welfare of the citizens of Jackson County; now therefore,

BE IT RESOLVED by the County Legislature of Jackson County, Missouri that the Director of Finance and Purchasing is authorized to execute a contract and any other documents necessary to give effect to this Resolution with American Food & Vending Service of Missouri, Inc., for the furnishing of catering services for use by COMBAT, in a form to be approved by the County Counselor, at a cost to the County not to exceed \$3,031.00; and,

BE IT FURTHER RESOLVED that the Director of Finance and Purchasing is authorized to make all payments, including final payment, on the contract.

Effective Date: This Resolution shall be effective immediately upon its passage by a majority of the Legislature.

APPROVED AS TO FORM:

There is a balance otherwise unencumbered to the credit of the appropriation to which the expenditure is chargeable and there is a cash balance otherwise unencumbered in the treasury to the credit of the fund from which payment is to be made each sufficient to provide for the obligation herein authorized.

ACCOUNT NUMBER:

008 4401 56793

ACCOUNT TITLE:

Date

Anti-Drug Sales Tax Fund

COMBAT Administration

Catering

NOT TO EXCEED:

\$3,031.00

Date

9/5/12

O. Twy Thomas Ly

Director of Finance and Purchasing

REQUEST FOR LEGISLATIVE ACTION

Completed by County Counselor's Office: Res/Axxx No.: 17972

Sponsor(s): Date:

James D. Tindall Sept. 10, 2012

SUBJECT	Action Requested Resolution Ordinance	
	Project/Title: A resolution authorizing the County Executive American Food & Vending Service of Missouri, Inc. for the the County not to exceed \$ 3,030.08	e to transfer funds and to execute agreements with Jackson County COMBAT conference, at a cost to
BUDGET		
INFORMATION	Amount authorized by this legislation this fiscal year:	\$ 3,030.08
To be completed By Requesting	Amount previously authorized this fiscal year:	\$0.00
Department and Finance	Total amount authorized after this legislative action:	\$ 3,030.08
	Amount budgeted for this item *:	\$0.00
	Source of funding (name of fund) and account code number: 008-4401-56793	\$3,030.08
	If account includes additional funds for other expenses, total budg	eted in the account is:
	No budget impact (no fiscal note required)	
	Prior Year Budget (if applicable):	
	Prior Year Actual Amount Spent (if applicable):	
PRIOR LEGISLATION	Prior ordinances and (date): Prior resolutions and (date):	
CONTACT INFORMATION	RLA drafted by: Carol Lillis, Office Administrator, 881-1415	
REQUEST		
SUMMARY	A resolution authorizing the County Executive to transfer fund & Vending Service of Missouri, Inc. for the Jackson County, c partners at a cost to the County not to exceed \$3,030.08. We are 200 persons. The COMPAT 2012 Conference will be be a conference of the county	onference being presented by COMBAT and
	200 persons. The COMBAT 2012 Conference will be held Se Conference Center, which is being provided at no cost Althoug required to use their catering services.	h there is no charge for the facility, we are
	Background: The COMBAT Professional Development Serie individuals, programs, and community leaders may come to gain abuse treatment substance abuse treatment of the community leaders.	n new knowledge related to the area of substance
	abuse treatment, substance abuse prevention, violence prevention skills within their programs in our community. These workshop practices within the community, which is consistent with the minimum of the program of th	ps assist in implementing evidenced based
	Commission. The conference is being co-sponsored by the Missouri Division	
	Call, a COMBAT funded agency, will provide three (3) worksh	ops funded by a Federal Grant from the
	Substance Abuse & Mental Health Administrator agency has replans for the all day conference were reviewed and approved by total value of the COMBAT conference including in-kind, contr \$11,205.08	the Drug Commission on August 14 2012 The
	Ψ11,403.00	

ENTS Quote Department Direct Finance (Budget A	ce Completed (Purchasing & Depense Verified (Purchasing & Depense Verified (Purchasing & Depense) Expense Completed (Purchasing & Depense Verified (Purcha	artment)	's Office)
ENTS Quote Department Direct Finance (Budget A	ense Verified (Purchasing & Deport of the Property of the Prop	artment)	's Office)
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Finance (Budget	ctor	· · · · · · · · · · · · · · · · · · ·	
Finance (Budget			Date:
	Approval):		9-29-2012 Date:
If applicable	whereh & Ball		8-31-12
Division Manager		•	Date: 8/31/12
County Counselor	's Office:		Date:
s expenditure was included ds for this were encumbered re is a balance otherwise une cash balance otherwise une cient to provide for the obl	in the annual budget. d from the encumbered to the credit of the annual budget. definition the treasury to the igation herein authorized.	Fund in ppropriation to which the expendence of the fund from which pa	diture is chargeable and the yment is to be made each
	ration are available from the sou	rce indicated below.	
	Account Title:	Amount Not to Exce	ed:
-4401-56793 	Catering		
	rmation (to be verified sexpenditure was included do for this were encumbered as a balance otherwise une cash balance otherwise une cient to provide for the obless sufficient for this expended as sufficient for this appropriate to the count Number: -4401-56793	ds for this were encumbered from the	rmation (to be verified by Budget Office in Finance Department) s expenditure was included in the annual budget. ds for this were encumbered from the Fund in re is a balance otherwise unencumbered to the credit of the appropriation to which the expendence of the otherwise unencumbered in the treasury to the credit of the fund from which parcient to provide for the obligation herein authorized. ds sufficient for this expenditure will be/were appropriated by Ordinance # ds sufficient for this appropriation are available from the source indicated below.

Fiscal Note:

This expenditure was included in the Annual Budget.

	PC	C#	
Date:	August 31, 2012		RES # 17972
Depart	tment / Division	Character/Description	Not to Exceed
Anti-Drug Sal	es - 008		
4401 - COMBA	AT Administration	56793 - Catering	3,031
			
			
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Total			3,031

albaran S Ball 8-31-02 Budgeting

American Food and Vending at the Kauffman Foundation Conference Center 4801 Rockhill Road Kansas City MO 64110 p: 816-932-1050 / f: 816-932-1484

Confirmation

Group	Reservation:	2035		
DaRon McGee	Event Name:	COMBAT Con	ference	
Jackson County - COMBAT	Status:	Details Pendir	ıg	
·	Phone:	816-881-1414		
	Email Address:	dmcgee@jack	songov.org	
	Event Type:	Conference		
	Event Coordinator:	Keeley Waugh	1	
	2nd Contact:	Carol Lillis		
	Phone:	816-881-1400		
	Email Address:	clillis@jacksor	gov.org	
	Estimated Attendance	: 200		
	Actual Attendance:	0		
Bookings / Details		Quantity	Price	Amount

Thank you for choosing the Kauffman Foundation Conference Center.

Catering orders are due the Monday the week prior to event. Catering orders received after the stated deadline incur a \$25 or 10% of catering fee, whichever is greater. Final guest count is due by noon 3 business days prior to event. Any increases to guest count after the deadline may result in a late fee. Count cannot be lowered after the deadline. Please note: Outside food or beverage is not allowed in the Conference Center. Please alert your planner of any dietary or food allergies while placing your catering order.

The Conference Center reserves the right to change a customer's room(s) if needed.

To review the Conference Center's Cancellation Policy please see the Guidelines located at www.kauffman.org.

Thursday, September 27, 2012

8:00 AM - 4:00 PM COMBAT Conference (Details Pending) Brookside 8:00 AM - 4:00 PM COMBAT Conference (Details Pending) Brush Creek 8:00 AM - 4:00 PM COMBAT Conference (Details Pending) Paseo 8:00 AM - 4:00 PM COMBAT Conference (Details Pending) Plaza 8:00 AM - 4:00 PM COMBAT Conference (Details Pending) Town Square Rounds for 200 CATERING: 8:00 AM - 10:30 AM Standard for 200 15 Water (by the pitcher) 2.50 250.00 100 Coffee and Hot Tea refresh coffee one time if needed CATERING: 11:00 AM - 2:00 PM Standard for 200 200 Labeled Sack Lunch place sandwich, bagged chips, cookie, napkin, and silverware in each sack 175 9.00 1.575.00 Simple Sandwiches ham (75) or turkey (100) sandwich on white or wheat with lettuce, tomato, and cheese individually bagged chips and fresh whole fruit

American Food and Vending	Reservation:	203	5 Deta	ils Pending
Bookings / Details		Quantity	Price	Amoun
served with iced tea and cookies for dessert				
Marinated Tomato and Fresh Mozzarella		25	9.00	225.00
fresh whole milk mozzarella and tomatoes with lettuce, re bagged chips served with iced tea and cookies for dessert	ed onion, and balsamic aioli d	on a fresh ciab	atta roll	
Kauffman Signature Cookies		200		•
comes with sandwiches				
Iced Tea (by the pitcher)		20		
comes with sandwiches				
Water (by the pitcher)		10		
Fresh Whole Fruit		175		
comes with simple sandwiches	•			
CATERING: 2:00 PM - 4:00 PM Standard for 200 Topsy's Popcorn		6	9.00	54.00
		6	0.00	54.00
priced per gallon - butter flavor			0.00	555
Chex Mix		6	9.00	54.00
Water (by the pitcher)		15		
Lemonade (by the pitcher)		15	6.00	90.00
FURNISHINGS:				
Signage-Lobby and Room		1		
Buffet Linens		2	35.00	70.00
Napkin - Any Color		200		
paper napkins for lunch				
Tablecloth - Any Color		20	12.00	240.00
20 rounds of 10				
Registration Table	,	1		
3:00 AM - 4:00 PM COMBAT Conference (Details Pending	g) Troost			
:00 AM - 4:00 PM COMBAT Conference Staff Room (Det	ails Pending) Volker Pa	rk		
	Subtotal			2,558.00
	Service Charg	je (21%)	,	472.08
	Grand Total	, ,		3,030.08
	,,			

Following your event you may receive a short survey. Thank you for providing valuable feedback.

Tir	٣L	Treatment	Mental Health Molecies Prevention Ethics
7:30 AIVI	S:00 AIM		Registration's Continental Breakass
8:00 AM	8:30 AM		Opening RemarksGeneral Session Stacey Daniels-Young, Ph.D.
8:30 AM	8:40 AM		Break-SoliciWorkshops
8:40 AM	8:40 AM 10:10 AM	Mobile CCL: Empowering our Clients with Technology Emily Hage	Fostering Resiliency in Youth Back to the Future—The Current Trends in Drugs Ethics for Real People Working Adolescent Mind at Work Grodon Stubblefield Scott Breedlove.
10:10 AM	10:20 AM		Break-Go to turned to the second of the seco
10:20 AM	11:55 AM	Implementing Evidence-Based Practices to Maximize Client Outcomes Heather Gotham, Ph.D.	Regulating Emotions, Stress Mgmt and Planning and Implementing an Control of Property Repair Control of Property Rentz, Ph.D. Renda Oswalt Reitz, Ph.D.
12:00 PM	1:00 PM		A Principal Secretary Company (No. 1)
1:00 PM	1:10 PM		Go.to Workspook
1:10 PM	2:40 PM	The NIATx Model of Process Improvement Mark Shields	Depression and Adolescence: Treating Linkages to Substance Abuse Susan Wilson, Ph.D. Based Prevention
2:40 PM	2:50 PM		To Ina Montgomery Ina Montgomery Breesk-Gove Management
2:50 PM	4:20 PM	Person-Centered Treatment Walter Kisthardt, Ph.D.	Diagnosing and Treating Borderline Call Maccounsel on Access Effication Real People Working Personality Disorder Real Maccounty Amy Copeland Karen Schalker Scott Briedlove

1. "Person-Centered Treatment." In this workshop Dr. Kisthardt reviews the critical skills of Engagement, Developing a Person-Centered Strengths Assessment, and utilizing the Personal Wellness/Recovery Plan to collaboratively develop effective individualized plans with service participants. The workshop is substantive, highly interactional and experiential. Dr. Kisthardt also integrates humor, poetry and music in his presentation to model the important role for laughter and joy in promoting and sustaining recovery.

Dr. Walter Kisthardt is one of the original developers of the practice framework known as the "Strengths Perspective" or Strengths Based Practice. He has consulted with substance abuse providers and mental health providers in 42 states, in England and in New Zealand. For the past eight years he has trained substance abuse providers and Person Centered case managers in Kansas. On several occasions over the years Dr. Kisthardt has delivered plenary addresses and workshops at the Missouri State Mental Health and Social Welfare conferences.

Dr. Kisthardt has a BA in Sociology and Social Work from Elizabethtoen College in Pennsylvania, his MSW from the University of Hawaii, and his Ph.D. in Social Work from the University of Kansas. Professor Kisthardt is the Director of the BSW program at Park University.

2. "Mobile CCL: Empowering our Clients with Technology." This presentation will discuss First Call's innovative new Mobile CCL project. Mobile CCL uses a web portal to link individuals seeking recovery to portions of their CCL record, enabling the individual to work towards recovery from wherever he or she can access the internet. We will talk about the importance of MET, motivational enhancement therapy, as it relates to the project and walk the audience through the enrollment/registration process, the various features Mobile CCL, and the connection between CCL and Mobile CCL.

Emily Hage is the project manager for First Call's Mobile CCL project. She was hired in 2010 to serve as project coordinator for the KCYMA project in First Call's Prevention department and transitioned into her current position in 2012. Emily received her BA in political science from the University of Minnesota, and went on to earn her Masters of Public Policy at the University of Minnesota's Humphrey Institute for Public Affairs. Through her schooling and work with First Call, Emily has developed an interest in policy-level change in the field of addiction and she enjoys the opportunities to work on projects that explore various facets of treatment and recovery from addiction.

3. "The NIATx model of process improvement." This session features an overview of the NIATX model of process improvement; the four aims, the five key principles, the PDSA cycle, and the key roles in a change team. Examples of NIATx change projects will also be discussed.

Mark Shields is a licensed professional counselor and certified reciprocal advanced alcohol and drug counselor with 28 years of practical experience in the behavioral health field. He received his bachelor's and master's degrees in counseling from the University of Missouri in 1981 and 1984, respectively. His 25 years of post-graduate professional work experience includes: Inpatient psychiatric hospital-based substance use disorder treatment; Prison-based substance

use disorder treatment; Halfway house services for offenders; Psychiatric day treatment; and Community-based outpatient substance use disorder and mental health counseling. For the past 12 years, Mr. Shields has served in various roles related to the Statewide administration and oversight of community-based substance use disorder treatment services as a staff member of the Missouri Division of Alcohol and Drug Abuse. Since March 2006, he has served as the project director for Missouri's Access to Recovery grant.

4. "Implementing Evidence-Based Practices to Maximize Client Outcomes." How does an individual practitioner, agency, or treatment system move from making a decision or being mandated to adopt an evidence-based practice (EBP) to successfully implementing and utilizing the EBP to maximize client outcomes? Implementing an evidence-based practice is a complex endeavor requiring resources, time, and a commitment to change. Attention also needs to be paid to the fidelity with which one implements a new practice or client outcomes may suffer. This interactive presentation will provide an introduction to implementation of EBPs, including the stages and steps of implementation. Content also includes maintaining fidelity to best practice models, which models and implementation strategies can facilitate the change process, and how to assess client outcomes.

Heather J. Gotham, Ph.D., licensed psychologist, is an Associate Research Professor and evaluator at the Mid-America ATTC, University of Missouri-Kansas City. Her research focuses on implementation of substance abuse treatment for adolescents and adults, including the longitudinal course of and factors affecting implementation, and treatment fidelity for co-occurring mental health and substance use disorders. She has served as co-investigator or evaluator on multiple federally-funded grants related to adolescent substance abuse treatment, adult co-occurring disorders, and substance use prevention. She provides technical assistance to states and individual treatment providers to implement evidence-based practices and assessments.

5. "Depression and Adolescence: Treating Linkages to Substance Abuse." This workshop will explore the impact that depression plays in triggering and maintaining adolescent substance abuses. Strategies for treatment within a culturally-responsive framework will be offered.

Susan B. Wilson PhD MBA is a licensed clinical psychologist with a multifaceted career in healthcare administration, consulting and clinical work. Wilson currently serves as Associate Dean of Cultural Enhancement and Diversity at the UMKC School of Medicine in Kansas City Missouri. She is also an assistant professor in the Department of Psychiatry. She attended the University of Pittsburgh, where she earned a B.S., M.S. and Ph.D. in clinical psychology. She completed her pre-doctoral internship at the VA Medical Center in Pittsburgh, Pennsylvania and her post-doctoral fellowship at the Menninger Foundation in Topeka, KS. She also possesses an M.B.A. from the Bloch School of Business at UMKC.

Wilson has held leadership positions in several notable health and behavioral healthcare organizations in the Kansas City area, including Swope Health Services, St. Luke's Health System and most recently, the UMKC School of Medicine. A capable clinician, her expertise includes

sports psychology and working with difficult-to-treat and motivate clients. Wilson is a trainer and Treating Clinician for the National Football League (NFL) Substances of Abuse Program and also works with the NFL's Conduct Program. She is a consulting psychologist to the Kansas City Chiefs, where she coordinates the eight-week Conduct Management Program. Wilson has contributed her time and skills to numerous civic and community endeavors, including Jackson County COMBAT Commission, Missouri Department of Mental Health Cultural Competency Committee, and the Statewide African American Mental Health Taskforce. She serves on the boards of the Healthcare Foundation of Greater Kansas City and the Prime Health Board. Wilson hosts a public affairs radio show called "KC Currents" which airs on the National Public Radio (NPR) Kansas City affiliate KCUR 89.3 FM.

6. "Dialectical Behavior Therapy as Stage One Treatment For Post-Traumatic Stress Disorder." Dialectical Behavior Therapy (DBT) has demonstrated effectiveness in significantly reducing suicide, self-harm, and a variety of other impulsive and dangerous behaviors in persons diagnosed with Borderline Personality Disorder (BPD). A high number of individuals meeting criteria for this diagnosis also meet criteria for Post-Traumatic Stress Disorder. This presentation will highlight the conceptual and practical elements that make DBT an effective first line of treatment for anyone diagnosed with PTSD who presents with impulsive behaviors.

Ronda Oswalt Reitz, Ph.D., is the Coordinator for Dialectical Behavior Therapy (DBT) services for the Missouri Department of Mental Health. In this role she is charged with the implementation, support, and evaluation of DBT programming in public mental health settings state wide. She has developed DBT programming in diverse settings including community mental health, inpatient, and juvenile detention facilities. Dr. Reitz is experienced in providing training and consultation to mental health providers at all training levels and in diverse settings across the United States.

- 7. "Diagnosing and Treating Borderline Personality Disorder." This workshop will:
 - 1. Recognize and diagnose the characteristics of Borderline Personality Disorder (BPD) and the psychosocial influences.
 - 2. Utilize Dialectical Behavior Therapy (DBT) skills in working with clients diagnosed with Borderline Personality Disorder.
 - 3. Applying the treatment and working with the challenges of treating the client with the disorder.

Amy Copeland, M.S., LPC, received her degree in Psychology from Northwest Missouri State University and Masters of Science in Counseling Psychology from Avila University. Ms. Copeland is a Licensed Professional Counselor and has over sixteen years experience in the field of mental health, working in both clinical and administrative positions with adolescents, adults, and elderly with serious and persistent mental illness. She has spent much time working as a group facilitator and as an individual therapist using Dialectical Behavior Therapy. Ms. Copeland worked as the Vice President of Mental Health America of the Heartland for a few years until leaving to work for the Department of Mental Health in November 2011. At the Department of Mental Health, she is the Affordable Housing Consultant in the Kansas City

region and works with housing voucher programs for low income individuals and families impacted by mental illness, substance abuse, and other disabilities.

- 8. "Fostering Resiliency in Youth." This workshop will:
 - 1. Discussion of three major types of disorders: anxiety, depression, and bipolar disorder-
 - 2. What are the signs and symptoms
 - 3. Treatment for all of them

Amy Copeland, M.S., LPC, received her degree in Psychology from Northwest Missouri State University and Masters of Science in Counseling Psychology from Avila University. Ms. Copeland is a Licensed Professional Counselor and has over sixteen years experience in the field of mental health, working in both clinical and administrative positions with adolescents, adults, and elderly with serious and persistent mental illness. She has spent much time working as a group facilitator and as an individual therapist using Dialectical Behavior Therapy. Ms. Copeland worked as the Vice President of Mental Health America of the Heartland for a few years until leaving to work for the Department of Mental Health in November 2011. At the Department of Mental Health, she is the Affordable Housing Consultant in the Kansas City region and works with housing voucher programs for low income individuals and families impacted by mental illness, substance abuse, and other disabilities.

9. "BULLYING." This breakout session will provide the participant with a basic overview of the Olweus Model of bullying prevention; what it is, what is not, and the key components that lend to its success. The Olweus Model has been recognized as a benchmark in the area of bullying prevention by the US Department of Education (Level 2 Program), SAMHSA (Model Program), OJJDP (Effective Program), and the Center for the Study and Prevention of Violence (Blueprints Model Program). The participant will receive a clear explanation of what constitutes bullying, gain a better understanding for the impact and long-term implications involved, and the philosophy behind the Olweus Model. Implementation resources will also be discussed.

David Foster is a Missouri Licensed Psychologist, a Certified Reciprocal Prevention Specialist, and a Certified Trainer in the Olweus Model of bullying prevention. He has worked in the field of mental health for over 20 years and has dealt directly with at-risk youth and their families throughout the majority of his career. During this time he has had first-hand experience addressing the problems of bullying at various levels and the impact it has had on students and their families.

10. "Clinical Interventions with Gang Members and Other High-Risk Youth." This workshop is based on Dr. Córdoba's and Kathy Julio's 25 years of combined experience working with members of Latino gangs and troubled youth. While society continues to look for approaches to solve the problems that plague our streets and our schools, the real struggle remains within the child and the family. Treatment must include the release of the emotional trauma and the deeply-seated negative thoughts that drive the anger, impulsivity, and sense of hopelessness. The "one child, one family at a time" concept provides interventions in all stages of the healing

process, going to the root of the emotional and behavioral issues. The use of the evidence-based, stage-wise treatment framework weaved with out-of-the-box motivational and cognitive behavioral strategies have shown to be effective in freeing youth and their families from the addictive, self-destructive behaviors that accompany out of control emotions.

Luis Cordoba, Ed.D.—Dr. Luis Córdoba serves on the Superintendent's senior cabinet as the Executive Director of Student Intervention Programs for the Kansas City Public Schools. Dr. Córdoba has earned a Doctorate of Education in Educational Leadership and Policy Analysis from the University of Missouri-Columbia. He also has a Master of Science in Elementary and Secondary Education with an emphasis in multicultural urban settings and a Bachelor of Arts in Substance Abuse Counseling.

Dr. Córdoba is also an internationally certified and state-licensed substance abuse counselor with over 23 years of experience using bilingual and bicultural skills with Latino gang members and their families. He serves as a member of the U. S. Attorney, Western District of Missouri, Gang Assessment Task Force and is a former appointed member to the Kansas City, Missouri Mayor's Commission on Violent Crimes. In addition, Dr. Córdoba volunteers his time teaching race relations at cadet classes for the Kansas City, Missouri Police Department. He has acted as a consultant for such agencies as the U.S. Department of Justice, Office of Juvenile Justice, and Delinquency Prevention.

Dr. Córdoba is the personality of *The Educated Pachuco*, an advice column targeted to high-risk teenagers and their families, a publication of the Kansas City Hispanic News. As a result of his wide-ranging experiences, Dr. Córdoba has been an invited speaker in over 300 national presentations.

Kathy Julio—Kathy is a Spanish-English bilingual and bicultural mental health therapist certified in hypnosis and hypnotherapy. One of her areas of expertise is high-risk teenagers, including youth involved in Latino gangs. She is the writer of *The Educated Pachuco*, an advice column aimed at troubled youth and their families and published in the Kansas City Hispanic News. Kathy has been a contributor to symposia and workshops presented at nationally recognized conferences including the American Psychological Association and the National Multicultural Conference and Summit.

Kathy has an extensive business background in both the public and private sectors. She used this knowledge to co-found and operate Cambio Connections, Inc., a consulting company that provides bilingual and bicultural mental health and professional development training services. Kathy has earned a Master of Arts in Counseling and Guidance, a Bachelor of Science in Communications, and a Bachelor of Arts in Spanish.

11/12. "Planning and Implementing a Evidence Based Youth Program." We often hear the question, "By whose standards is this a "model" or "best" practice?" Evidence-based practices usually refer to programs or practices that are proven to be successful through research methodology and have produced consistently positive patterns of results. Evidence-based practices or model programs that have shown the greatest levels of effectiveness are those that have established track records in different settings and with different populations over time -

through research studies. The implementation of proven, well-researched programs is rapidly becoming standard practice today and required by most funding sources. Youth development providers are increasingly expected to base their programs and practice on research. This workshop will outline how to determine and select the evidence based program to your model in your organization and the steps to align your organization's mission and goals to realize the expected outcome's based on that model.

Ina P. Montgomery, M.Ed.—Ina P. Montgomery is the President and Senior Consultant of Urban Training Systems, LLC. By profession, Ms. Montgomery is an educator and trainer with approximately twenty five years of experience. As a Senior Consultant, Ms. Montgomery has served as project lead and project manager of several training development programs in corporate, education and community settings. Ms. Montgomery has also delivered leadership training, teacher professional development, team building and other soft skills training over the years. Ms. Montgomery was the first consultant to work with COMBAT providers to assist them with implementing the logic model into their COMBAT grant fund application. Ms. Montgomery has also served as a grant reviewer of youth programs on the local and national level.

Currently, she serves as an Adjunct Professor with the Metropolitan Community Colleges. Ms. Montgomery has a B.S. in Computer Science from South Carolina State University and a M.Ed. in Instructional Technology from the University of Virginia.

13. "Utilizing Risk and Protective Factors to Enhance Community Based Prevention." Prevention according to the risk factors/protective factors theory is based on a simple premise: To prevent a problem, we need to identify the factors that increase the risk that the problem will develop and then find ways to reduce the risk. At the same time, we must identify those protective factors that buffer individuals from the risk factors in their environments and then find ways to increase the protection.

Some young people who are exposed to multiple risk factors do not become substance abusers, juvenile delinquents, school dropouts, or teen parents. Balancing the risk factors, are factors that protect young people from exposure to risk, either by reducing the impact of risk factors or by changing the way young people respond to risks. The importance of protective factors cannot be overstated because they promote positive behavior, health, well-being, and personal success. Research has identified protective factors that fall into three basic categories: individual characteristics, bonding, and healthy beliefs and clear standards.

This workshop will explore risk-and protective-factor-focused prevention, based on the work of J. David Hawkins, Ph.D., and Richard F. Catalano, Ph.D., and a team of researchers at the University of Washington in Seattle. This theory is based on extensive research that identifies factors in your community, family, school settings as well as personal and peer qualities that put youth at risk for alcohol, tobacco and other drug abuse.

At the completion of this workshop, participants will be able to:

Describe Risk and Protective Factors Theory of substance abuse prevention and its application in community settings.

Charles (Chuck) Daugherty is Executive Director for ACT Missouri, Missouri's statewide training and resource center. He has over 27 years experience providing prevention, intervention, treatment and recovery support to at-risk youth, adolescents, and special needs populations in community-based and clinical settings. Prior to working at ACT Missouri, he worked for Southwest Prevention Center / Southwest Center for the Application of Prevention Technology, (SWPC/SWCAPT). He was primarily responsible for delivering training and technical assistance to Missouri prevention providers. Additionally, he provided training and technical assistance to prevention programs throughout the southwestern United States.

Formerly a certified and licensed substance abuse counselor he provided direct counseling services to both adults and adolescents. He has directed and administered successful prevention and intervention programs throughout the southwest. He was Deputy Director of the Greater Dallas Council on Alcohol and Drug Abuse.

His subject and skill expertise includes knowledge of evidence-based substance abuse intervention and prevention programs, their policies, and strategies. He brings a wealth of experience providing technical assistance and training related to the Strategic Prevention Framework and substance abuse prevention topics. He is well versed in applying risk and protective frameworks to state and community designs, and has knowledge and understanding of national, state, and local statutes and the policies that affect substance abuse prevention. Chuck has presented numerous workshops on the topics of internet addiction, keeping children safe online, and using technology to engage youth and the community in prevention. He is a respected preventionist with a history of developing innovative and sustainable programming and providing services to communities in all settings, urban, suburban, and rural.

14. "Gateway Drugs and Current Trends." This workshop will provide information to participants about the types of legal and illegal drugs that are being used by today's youth and adults and the many different ways they are being ingested.

Gordon Stubblefield—Gordon is the Director of Prevention Services at First Call-Alcohol/Drug Prevention and Recovery. Gordon has been with First Call for eleven years, the past three as Director of Prevention Services. Gordon provides technical assistance and support for 16 community coalitions in a 4 county area that included Jackson County, Cass County, Lafayette County and Johnson County, Missouri. Gordon is certified prevention specialist with the state of Missouri

15. "Back to the Future - The Adolescent Mind at Work." This interactive 90-minute workshop will explore how a teenage brain physically functions, why it thinks the way it does, and why nobody has ever truly understood why young people make the decisions they do, especially when it comes to substance abuse. Youth today face more drug choices, easier accessibility, increased potency, and harsher criminal charges than any previous generation. Substance abuse

prevention /intervention strategies to challenge the adolescent mind and disrupt choices leading to the tragic life of an addict will be reviewed.

David J. Sullivan has been Executive Director of ArtsTech since July 1998. ArtsTech's purpose is to identify and facilitate access to selective educational and training opportunities for schools, not-for-profit organizations, and governmental agencies that serve those who are at-risk or have special needs. Additionally, Mr. Sullivan currently serves as administrator of the KC Futures 150 arts initiative that includes the "Sentenced to the Arts" Project (STTAP), a special multi-million dollar effort to serve adjudicated and at-risk youth in Jackson County.

Prior to ArtsTech, Mr. Sullivan spent 21 years working for the DeLaSalle Education Center, a Kansas City alternative school system serving high school dropouts and at-risk youth. During his tenure Mr. Sullivan served as teacher, substance abuse counselor, Principal, and associate director. Mr. Sullivan has been credited with assisting numerous community-based agencies and school districts in the creation of alternative education programs such as, Alta Vista Education Center, Don Bosco Education Center, Seton High School, New Learning Community School, Family Court Hilltop and Detention Schools, and the Unified Government of Wyandotte County's Transition Resource Education Center.

In 2000, Mr. Sullivan concluded a nine-month tenure as Interim Director for Move UP, Inc. (formerly Ad Hoc Group Against Crime and Project Neighborhood). Move UP is the largest community-based, social service agency serving Kansas City's urban core. He received special recognition from the community for his leadership in assisting in the successful merger between these organizations. Additionally, Mr. Sullivan was the Kansas City Alternative Schools Network Association's Interim Director until December 1999. Mr. Sullivan helped the Association through its inaugural year until a permanent executive director was hired.

Mr. Sullivan has been a national presenter and trainer on numerous substance abuse prevention, mental health, and school safety issues. NBC Tonight with Tom Brokaw, USA Today, CNN, and numerous other media organizations have interviewed him. Mr. Sullivan is nationally recognized for his work with children and school/community issues.

Mr. Sullivan has completed all coursework for a Ph.D. in Urban Education/Leadership and Public Affairs/Administration. Mr. Sullivan received a Masters degree in Guidance and Counseling from the University of Wisconsin-Whitewater.

16. "Suicide Prevention." Suicide is often preventable. Impulsivity that begins with the decision to attempt suicide and the actual attempt itself usually occurs within a very short span of time. Reducing the "Access to Lethal Means", especially when someone is at elevated risk, can dramatically improve the chance for survival. C.A.L.M. (Counsel on Access to Lethal Means) is designed to aid in counselors in working with clients and their families to reduce those lethal means and, in doing so, save lives.

Karen Schalker is a Prevention Specialist at First Call Alcohol/Drug Prevention & Recovery. She works with Missouri Department of Mental Health-registered community coalitions in Jackson, Cass and Lafayette counties and is Project Coordinator for First Call's Suicide Prevention partnership with DMH. She has a BA in psychology from the University of Missouri-Columbia with post-graduate studies in Counseling & Personnel Services and holds Reciprocal Prevention Specialist (CRPS) and Information and Referral Specialist (CIRS) certifications.

17. "Ethics for Real People Working Real Jobs." This training will allow participants to explore the theoretical concepts of ethics, how our personal values influence our decisions and how ethics codes are created and used within a specific discipline. Specific topics that are important to the field of counseling will be explored including dual relationships, self-disclosure and receiving gifts. (These 4 workshops provides 6 CEUs to meet MSAPB requirements.)

Scott Breedlove, MS, MRSS, MARS, serves as the Administrator for the Missouri Substance Abuse Professional Credentialing Board and hold the Medication Assisted Recovery Specialist Certificate and Missouri Recovery Support Specialist Credential. He serves on the MATTC Advisory Council and is a frequent conference speaker and trainer within Missouri and throughout the nation. Scott is a certified trainer for Foundations of Substance Use, Abuse, and Dependence and Clinical Supervision Training and a National Facilitator for Recovery Oriented Systems of Care. Scott has a Master of Science Degree with an emphasis in Addiction Studies from the University of South Dakota and has 20 years of personal long term recovery.