

IN THE COUNTY LEGISLATURE OF JACKSON COUNTY, MISSOURI

A RESOLUTION transferring \$12,000.00 within the Anti-Drug Sales Tax Fund and authorizing the County Executive to execute an agreement with Niles Home for Children, an agency funded by the Anti-Drug Sales Tax Fund, which engages in anti-drug education and referral activities, at a cost to the County not to exceed \$12,000.00.

RESOLUTION #17719, October 31, 2011

INTRODUCED BY Dan Tarwater, County Legislator

WHEREAS, by Resolution 17476, dated January 24, 2011, the Legislature did authorize the execution of an agreement with Housing Services of Kansas City as a grant match to conduct drug prevention classes for its YouthBuild student's program, in an amount not to exceed \$20,000.00; and,

WHEREAS, in working with Housing Services, the COMBAT staff has determined that it would be more beneficial for students to use an existing COMBAT agency that currently provides prevention and treatment services and has familiarity with the target population; and,

WHEREAS, Housing Services interviewed agencies and selected the Niles Home for Children to provide these services; and,

WHEREAS, Housing Services and COMBAT agreed to reduce the Housing Services contract by \$12,000.00 and use these funds for the agreement with Niles Home for

Children; and,

WHEREAS, a transfer is necessary to place the funds in the proper spending account;
now therefore,

BE IT RESOLVED by the County Legislature of Jackson County, Missouri, that the
following transfer be and hereby is made:

<u>Department/Division</u>	<u>Character Description</u>	<u>From</u>	<u>To</u>
Anti-Drug Sales Tax Fund Grant Match 008-4405	56798 - Grant Match	\$12,000	
Anti-Drug Sales Tax Fund COMBAT 008-4401	56790 - Other Contractual Services		\$12,000

and,

BE IT FURTHER RESOLVED by the County Legislature of Jackson County, Missouri,
that the County Executive be and hereby is authorized to execute an agreement with
Niles Home for Children, in a form to be approved by the County Counselor; and,

BE IT FURTHER RESOLVED that the Director of Finance and Purchasing be and
hereby is authorized to make all payments, including final payment on the agreement.

Effective Date: This Resolution shall be effective immediately upon its passage by a majority of the Legislature.

APPROVED AS TO FORM:

[Signature]
Chief Deputy County Counselor

[Signature]
County Counselor

Certificate of Passage

I hereby certify that the attached resolution, Resolution #17719 of October 31, 2011, was duly passed on October 31, 2011 by the Jackson County Legislature. The votes thereon were as follows:

Yeas 8

Nays 0

Abstaining 0

Absent 1

11-1-11
Date

[Signature]
Mary Jo Spino, Clerk of Legislature

Funds sufficient for this transfer are available from the source indicated below.

ACCOUNT NUMBER:	008 4405 56798
ACCOUNT TITLE:	Anti-Drug Sales Tax Fund
	Grant Match
	Grant Match
NOT TO EXCEED:	\$12,000.00

There is a balance otherwise unencumbered to the credit of the appropriation to which the expenditure is chargeable and there is a cash balance otherwise unencumbered in the treasury to the credit of the fund from which payment is to be made each sufficient to provide for the obligation herein authorized.

ACCOUNT NUMBER: 008 4401 56790
ACCOUNT TITLE: Anti-Drug Sales Tax Fund
COMBAT
Other Contractual Services
NOT TO EXCEED: \$12,000.00

October 31, 2011
Date


Director of Finance and Purchasing

REQUEST FOR LEGISLATIVE ACTION

Completed by County Counselor's Office:

Res/Ord No.: 17719

Sponsor(s): Dan Tarwater

Date: October 31, 2011

<p>SUBJECT</p>	<p>Action Requested <input checked="" type="checkbox"/> Resolution <input type="checkbox"/> Ordinance</p> <p>Project/Title: <u>A resolution authorizing the County Executive to enter into an agreement with Niles Home for Children, funded by the County's Anti-Drug Sales Tax Fund for the 2011 fiscal year, which are engaged in anti-drug evaluation, education, and referral activities and purposes, for the remainder of 2011 at a cost not to exceed \$12,000.00.</u></p>																						
<p>BUDGET INFORMATION <i>To be completed By Requesting Department and Finance</i></p>	<table border="1"> <tr> <td>Amount authorized by this legislation this fiscal year:</td> <td>\$12,000.00</td> </tr> <tr> <td>Amount previously authorized this fiscal year:</td> <td>\$0.00</td> </tr> <tr> <td>Total amount authorized after this legislative action:</td> <td>\$12,000.00</td> </tr> <tr> <td>Amount budgeted for this item *:</td> <td>\$0.00</td> </tr> <tr> <td>Source of funding (name of fund) and account code number:</td> <td></td> </tr> <tr> <td>From:</td> <td></td> </tr> <tr> <td>008—Anti-Drug, 4405—Grant Match</td> <td>\$ 12,000.00</td> </tr> <tr> <td>56798 Grant Match</td> <td></td> </tr> <tr> <td>To:</td> <td></td> </tr> <tr> <td>008—Anti-Drug, 4401—Administration</td> <td>\$ 12,000.00</td> </tr> <tr> <td>56790 Other Contractual Services</td> <td></td> </tr> </table> <p>• If account includes additional funds for other expenses, total budgeted in the account is: \$2,650.00</p> <p><input type="checkbox"/> No budget impact (no fiscal note required)</p> <p>Prior Year Budget (if applicable): Prior Year Actual Amount Spent (if applicable):</p>	Amount authorized by this legislation this fiscal year:	\$12,000.00	Amount previously authorized this fiscal year:	\$0.00	Total amount authorized after this legislative action:	\$12,000.00	Amount budgeted for this item *:	\$0.00	Source of funding (name of fund) and account code number:		From:		008—Anti-Drug, 4405—Grant Match	\$ 12,000.00	56798 Grant Match		To:		008—Anti-Drug, 4401—Administration	\$ 12,000.00	56790 Other Contractual Services	
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<p>PRIOR LEGISLATION</p>	<p>Prior ordinances and (date): Prior resolutions and (date): Res. #17476, January 24, 2011</p>																						
<p>CONTACT INFORMATION</p>	<p>RLA drafted by: Dave Fleming, Planning & Development Administrator, 881-3572</p>																						
<p>REQUEST SUMMARY</p>	<p>A resolution authorizing the County Executive to enter into an agreement with Niles Home for Children, funded by the County's Anti-Drug Sales Tax Fund for the 2011 fiscal year, which are engaged in anti-drug evaluation, education, and referral activities and purposes, for the remainder of 2011 at a cost not to exceed \$12,000.00.</p> <p>Background: The Anti-Drug Sales Tax fund authorizes the County to execute agreements and contracted service for the purpose of providing substance abuse treatment, prevention, grant match, and other anti-drug initiatives in the community.</p> <p>In 2011, the Housing Authority of Kansas City (HAKC) was awarded a Grant Match in the amount of \$20,000. Of that amount, HAKC planned to use \$12,000 to support a staff person to conduct Drug Prevention classes for its YouthBuild students (a federal Youth Build grant was the source of the match for the COMBAT funds). As COMBAT worked with HAKC, it was determined that it would be more beneficial for the students to utilize the</p>																						

	<p>talents of one of the existing COMBAT agencies who have capabilities in Prevention and Treatment and familiarity with the target population. Select agencies interviewed with HAKC and COMBAT to prepare proposals to conduct weekly Drug Prevention classes with Youth Build students, and provide Drug Treatment, provide additional mental health and social support services as indicated for those who needed such services, and provide in-service training for Youth Build and HAKC staff. Based on these proposals, HAKC selected Niles Home for Children to provide the services. COMBAT agreed to manage this contract for HAKC by reducing the HAKC award by \$12,000 and preparing a separate contract for these specific services to Niles Home for Children. COMBAT will manage the receipt of expense reports based on monthly reports of services provided. Services will match the time of the Youth Build award: October – May.</p> <p>We are requesting the amendment of the current HAKC contract (4405-2011-018) and the reduction of the HAKC Grant Match contract by \$12,000, and requesting the County Executive to enter into an agreement with Niles Home for Children to provide Drug Prevention and Drug Treatment services for Youth Build participants at HAKC at a cost not to exceed \$12,000. This is a cost neutral action.</p>	
CLEARANCE	<input type="checkbox"/> Tax Clearance Completed (Purchasing & Department) <input type="checkbox"/> Business License Verified (Purchasing & Department) <input type="checkbox"/> Chapter 6 Compliance - Affirmative Action/Prevailing Wage (County Auditor's Office)	
ATTACHMENTS	Niles Home-HAKC Contract Template	
REVIEW	Department Director: <i>[Signature]</i> Finance (Budget Approval): <i>[Signature]</i> If applicable: <i>[Signature]</i> <i>ball</i> Division Manager: <i>[Signature]</i> County Counselor's Office:	Date: <i>10-28-2011</i> Date: <i>10-28-11</i> Date: <i>10-28-11</i> Date:

Fiscal Information (to be verified by Budget Office in Finance Department)

- This expenditure was included in the annual budget.
- Funds for this were encumbered from the _____ Fund in _____.
- There is a balance otherwise unencumbered to the credit of the appropriation to which the expenditure is chargeable and there is a cash balance otherwise unencumbered in the treasury to the credit of the fund from which payment is to be made each sufficient to provide for the obligation herein authorized.
- Funds sufficient for this expenditure will be/were appropriated by Ordinance # _____
- Funds sufficient for this appropriation are available from the source indicated below.

Account Number:	Account Title:	Amount Not to Exceed:
From: 008-4405-56798	Grant Match	\$12,000.00
To: 008-4401-56790	Other Contractual Services	\$12,000.00

- This award is made on a need basis and does not obligate Jackson County to pay any specific amount. The availability of funds for specific purchases will, of necessity, be determined as each using agency places its order.
- This legislative action does not impact the County financially and does not require Finance/Budget approval.

Drug Prevention & Treatment Services

Niles Home for Children (Niles Home) proposes to provide substance abuse prevention and treatment services on-site at the Housing Authority of Kansas City's (HAKC) YouthBuild program location. Services offered are extended from the Niles Home existing accredited drug prevention and treatment program that coordinates substance abuse education, prevention and treatment activities with positive social interactions, counseling and therapeutic support. The program will be incorporated into YouthBuild's Life Skills training component. If selected as the provider, Niles Home proposes to begin services within a week of the finalized contract. Funding support for the project

Project Overview

For at least a decade, Niles Home has effectively delivered cost-free treatment and prevention services to low-income and disadvantaged youth populations, primarily African American males. Our approach, utilizing evidence-based models of treatment and highly experienced dedicated staff, is effective and our attention to cultural relevance in our provision of services makes Niles Home uniquely qualified to provide the drug treatment and prevention services YouthBuild seeks for its students. The Niles Home substance abuse prevention and treatment program provides prevention education and an intensive treatment milieu including assessment, individual counseling, psycho-education groups, relapse prevention, resource referral, and support. The program is designed to educate and assist YouthBuild participants with identifying and addressing alcohol and drug use as well as help participants identify and avoid relapse triggers, reducing re-occurrence and promoting healthy lifestyles. Individual and group activities will be provided on-site at YouthBuild where office space and internet capable equipment will be made available for Niles Home staff.

The proposed program will follow two primary tracks: prevention and treatment. Staff will conduct 2 prevention groups (each addressing ½ of the YB student population) and 1 Treatment Group for students identified as having positive drug screens and/or those who self refer. Staff will explore participant's abilities and +preferences and teach them leisure and recreational activities to overcome boredom, a powerful trigger to relapse. Groups will take place on-site at YouthBuild. Proposed services and activities include:

Individual Screening
Individual Assessment
Individual Counseling
Resource and Referral

Case Management
Treatment Plan Development
Psycho-educational Groups
Relapse Prevention Groups

Assessment

We propose assessment take place up front during the first opening weeks of the program. Each program participant (30) receives an initial evaluation to identify those at risk of substance use problems and to identify those who need further assessment or referral for treatment. Niles Home certified, experienced drug treatment staff allows time for relationships to develop. Experience has taught us

Niles Home Drug Treatment and Prevention Program for YouthBuild

time for bonding is critical if we want students to choose to be sober and accept the challenges of overcoming substance use.

Testing

Staff will coordinate drug screening with Youth Build program staff. Students are encouraged to self disclose if they have a problem prior to random testing. Often program participants will come forward and ask for help, not wait for testing. Any YouthBuild participant who tests positive will be referred on to the treatment track where a full and comprehensive assessment will take place to determine whether participation in a residential or out-patient treatment regimen is needed. In either case, the student has to agree to the prescribed treatment as a condition for staying in the YouthBuild program.

Mental Health/Crisis intervention

Through the process of the initial assessment, self referral or staff referral, Youth-Build Clients identified to be in need of mental health or crisis intervention services(i.e. suffering from depression, mood disorders, post traumatic stress situations, etc.) will have the availability to see a Licensed Clinical Therapist for assessment, counseling and/or referral services. The Niles Home on-site psychiatrist can be utilized for consultation and seen at Truman Behavioral Health Services when referred. Niles Home program staff will also address situations that may surface when a participant is suspected of being under the influence while on the job site.

Resource and Referral

Niles Home staff will refer students to other supporting ancillary services. For example, mental health and substance abuse issues often overlap requiring individuals to receive both drug and mental health treatments for co-occurring disorders. YouthBuild participants identified with co-occurring mental health and substance use issues will be referred for appropriate treatment.

Treatment Track including Relapse Prevention/Interruption

Treatment Interventions carry out the specific goals and objectives for prevention and abstinence by providing comprehensive and sustained treatment services that help individuals abstain from using illegal or dangerous drugs, thereby greatly improving their functioning in YouthBuild classes and job sites. The treatment component provides consumers the information needed to carry out better life choices and improved decisions regarding their own health and futures. It further creates accountability and checks through urinalysis, teaches positive activities to replace negative habits, helps facilitate the acquisition of needed skills to prevent relapse, helps participants identify triggers and temptations, and encourages social interaction and positive habits. Treatment Interventions include Prevention Interventions outlined above in addition to:

- Individual weekly therapy by Niles CRADC counselors
- Random urinalysis
- 12-week curriculum of substance abuse treatment education provided in weekly group meetings

Niles Home Drug Treatment and Prevention Program for YouthBuild

- 12-week (12 Step-12 Tradition) program that focuses on assessment, acceptance, surrender and developing a support system (AA, NA, and CA)
- Referral to appropriate treatment and coordination with other substance abuse treatment providing agencies

Prevention Track

When young people enroll in a program like YouthBuild, they realize that they may not have as much control as they thought with respect to their use of drugs and alcohol which is why education is so important. Essentially, Niles Home prevention program is tailored to address risks specific to this population. Services enhance protective factors and reverse or reduce risk factors. Niles Home employs an evidence-based, age-appropriate Cognitive-Behavioral Treatment (CBT) approach. The specific set of curriculum Niles' staff will use includes: "Intake & Orientation" and "Criminal & Addictive Thinking", created and published by Hazelden; and "Relapse Prevention Therapy with Chemically Dependent Criminal Offenders", and "Staying Sober", A Guide for Relapse Prevention by Terence T. Gorski a curriculum which is based on the Gorski-CENAPS Model. Prevention Interventions are designed to refute misinformation and educate youth about substances and their long and short-term effects. Prevention Interventions include:

- 12-week curriculum of substance abuse prevention education provided in weekly group meetings to help educate youth about the harms of substance abuse.
- 12-week program Youth Life Skills, Anger Management that teaches youth how to handle angry emotions appropriately and without relying on substances.
- 12-week program of Recreational Therapy focused on improvement of psychosocial health and wellbeing, decreased depression and improved body image.

Recreational Therapy

Recreational Therapy is critical to Prevention and Treatment interventions, helping program participants develop alternative interests, improve social skills, improve self esteem/self-efficacy, and improve cooperation. Niles Home staff will work with YouthBuild staff and community based agencies to link participants with activities that replace high-risk situations, addictive habits and triggering environments.

Individuals must not only discontinue the addictive habit, they must also restructure their entire lives in order for changes to last.

Recommended strategies for avoiding triggers and high-risk situations include distraction through music, exercise, sports activities, journaling and creating a plan for healthy living.

In-service Training

As discussed, a significant challenge for the YouthBuild program staff is how to identify and appropriately address student alcohol and drug use. In response, Niles Home will provide basic substance abuse training sessions for YouthBuild staff. Information will assist staff with how to identify the basic signs and effects of

Niles Home Drug Treatment and Prevention Program for YouthBuild

chemicals. This can benefit all staff, regardless of level of experience. It provides a foundation for detecting warning signs of possible drug issues. Topics include:

- Identifying and Defining the various components of Substance Abuse
- Describing the Effects of Substance Abuse
- Discussion about unique problems and issues
- Discussion about the various problems that stem from Drug/Alcohol use
- Discussion of Holistic Treatment

Agency expertise

In the spring of 2011, the Substance Abuse Treatment and Prevention program was re-accredited (through June 2015) by the Council on Accreditation (COA), an independent not-for-profit international accreditor of community-based behavioral health care and human service organizations. Niles Home is also approved to provide adolescent substance abuse prevention and treatment services by the Missouri Department of Mental Health, Division of Alcohol and Drug Abuse. Fortunately, Niles Home for Children (Niles Home) has a long and successful history (well over a decade) providing drug and alcohol prevention and treatment services for high-risk and troubled youth. Niles Home historically has served youth and young adults of color ages 6 – 24 who typically come from extremely low-income households. Virtually all are from urban core neighborhoods characterized by high violence and crime rates, substance abuse, unemployment, neighborhood blight and general apathy. Although Niles Home serves all ethnicities, the majority of children are African American or bi-racial. The agency's commitment to diversity goes beyond numbers, percentages and official policy as the leadership is reflective of the population served. For example, over 85% of the Niles Home workforce is of color and five out of a total six senior staff personnel represent people of color populations and the Board of Directors is 45% African American and over 50% female. Another pertinent factor, some Board members and staff live in and/or come from the urban core community Niles Home serves. Niles promotes cultural competency through participation in workshops and in-service trainings, small group discussions and open dialogues about race, class, gender orientation, socio-economic status, etc.

Staff Qualifications

Ms. Jeanette Martin-Ighedosa, MSW, LCSW who will oversee the project is the Clinical Director for Niles Home. Ms. Ighedosa has over 30 years of experience in working with children, adolescents and families in community mental health settings and residential services. Ms. Ighedosa has served as an adjunct professor at the University of Kansas City Missouri School of Social Work and the University of Kansas. Her areas of expertise include: working with oppressed and disenfranchised populations; working with "high risk" children, youth and families; program implementation and development; and Cultural Diversity training and discussion facilitation.

Ms. Whitney is a Certified Reciprocal Alcohol and Drug Counselor (CRADC) and Missouri Substance Abuse Prevention Associate (MSAPA). She is certified through the Missouri Substance Abuse Professional Credentialing Board. Ms. Whitney has over ten years experience in substance abuse prevention and treatment programs. Ms. Whitney is the Program Coordinator and conducts assessments, provides

Niles Home Drug Treatment and Prevention Program for YouthBuild

individual and group counseling. She is knowledgeable of basic substance abuse prevention principles, practices, and techniques. Ms. Whitney has also established excellent working relationships with other community based providers that support drug prevention and provide in- and out patient treatment services. She is an experienced facilitator and trained in culturally competent service delivery. She is excellent in the role of trainer and facilitates substance abuse and prevention basic training for Niles Home staff as well as other providers.

Mr. Graham is a Certified Reciprocal Alcohol and Drug Counselor (CRADC) with over 27 years' experience as a Substance Abuse and Prevention Counselor. He is also certified through the Missouri Substance Abuse Professional Credentialing Board. Mr. Graham is knowledgeable of basic substance abuse prevention principles, practices, and techniques and provides assessment, individual counseling and group counseling. He is an experienced facilitator and trained in culturally competent service delivery.

HOUSING AUTHORITY OF KANSAS CITY YOUTHBUILD

Niles Home for Children Drug Prevention and Treatment Program

6-7 WEEKS END OF 2011

(6 and 7 weeks given dependent on when contract is to begin)

(two different options dependent on whether there is to be 1 or 2 groups for group Prevention per week)

	<u>Per Week</u>	<u>7 Weeks</u>	<u>6 Weeks</u>	<u>7 Weeks</u>
Individual \$57.75 5 hr per week	288.75	2,021.25	1,732.50	2,021.25
Group \$26.25				
1.5 hrs Prevention	39.38	275.63		
1.5 hrs Treatment	39.38	275.63	236.25	275.63
3.0 hrs Prevention	78.75		472.50	551.25
		2,572.50	2,441.25	2,848.13
Travel @\$5 per meeting	35	245.00	210.00	245.00
In-Service 4 hrs	\$75/hr	300	300	300
		3,117.50	2,951.25	3,393.13
7% Admin Fee		218.23	206.59	237.52
		3,335.73	3,157.84	3,630.64

2012 YEAR (21 Weeks)

	<u>Per Week</u>	<u>21 weeks</u>
Individual \$57.75 3 hr per week	173.25	3,638.25
Group \$26.25		
1.5 hrs Prevention	39.38	
1.5 hrs Treatment	39.38	826.98
3.0 hrs Prevention	78.75	1,653.75
		5,119.98
Travel @\$5 per meeting	35	735.00
In-Service 4 hrs	\$75/hr	3,150.00
		7,054.98
7% Admin Fee		500.77
		7,654.65

11,285.29