REQUEST FOR LEGISLATIVE ACTION

Completed by County Counselor's Office: Restand No.: 19001

Sponsor(s): Dennis Waits

Date:

November 16, 2015

SUBJECT	Action Requested Resolution Ordinance Project/Title: A resolution authorizing the County Executive to execute an agreement with G. A. Dumas, LLC, to provide substance abuse and cognitive restructuring services to clients of programs in the office of the Prosecuting Attorney, at an amount not to exceed \$8,000.00.		
BUDGET INFORMATION To be completed By Requesting Department and Finance	Amount authorized by this legislation this fiscal year: Amount previously authorized this fiscal year: So.00 Total amount authorized after this legislative action: Amount budgeted for this item *: Source of funding (name of fund) and account code number: 008-Anti-Drug, 4401-56080, COMBAT Professional Services \$8,000.00		
	If account includes additional funds for other expenses, total budgeted in the account is: \$163,032. No budget impact (no fiscal note required) Prior Year Budget (if applicable): \$152,646.00 Prior Year Actual Amount Spent (if applicable): \$152,525.00		
PRIOR LEGISLATION	Prior ordinances and (date): Prior resolutions and (date): #18967, 10-26-2015; #18952, 10-12-2015,		
CONTACT INFORMATION	RLA drafted by: Stacey Daniels-Young, COMBAT Director, 881.3510		
REQUEST SUMMARY	A resolution authorizing the County Executive to execute an agreement with G. A. Dumas, LLC, to provide substance abuse and cognitive restructuring services to clients of programs in the office of the Prosecuting Attorney, at an amount not to exceed \$8,000.00. Background: The Anti-Drug Sales Tax fund authorizes the County to execute agreements and contracted services for the purpose of providing substance abuse treatment, prevention, and other anti-drug and anti-violence initiatives in the community. G. A. Dumas, LLC will provide substance abuse and cognitive restructuring services for clients served by the No Violence Alliance (NoVA) and Jackson County Drug Court,		
_ ^	administered by the Prosecuting Attorney's office. These services are part of an overall strategy to support the reduction of substance abuse and violent crime among these populations, and will serve a total of 100 clients.		
CLEARANCE	 ☐ Tax Clearance Completed (Purchasing & Department) ☐ Business License Verified (Purchasing & Department) ☐ Chapter 6 Compliance - Affirmative Action/Prevailing Wage (County Auditor's Office) 		
ATTACHMENTS	Exhibit A		

REVIEW	Department Director:	Date: 11-3-2a 8
	Finance (Budget Approval): If applicable Mary Rasmusser	Date: 11/4/15
	Division Manager: May fow Bow	Date: 11/10/16
	County Counselor's Office:	Date:

Fiscal Information (to be verified by Budget Office in Finance Department)

×.	This expenditure was included in the annual budget.				
	Funds for this were encumbered from	Fund in			
	There is a balance otherwise unencumbered to the credit of the appropriation to which the expenditure is chargeable and there is a cash balance otherwise unencumbered in the treasury to the credit of the fund from which payment is to be made each sufficient to provide for the obligation herein authorized.				
	Funds sufficient for this expenditure will be/were appropriated by Ordinance #				
	Funds sufficient for this appropriation	are available from the source indicat	ed below.		
	Account Number:	Account Title:	Amount Not to Exceed:		
	This award is made on a need basis and funds for specific purchases will, of ne		o pay any specific amount. The availability of agency places its order.		
	This legislative action does not impact the County financially and does not require Finance/Budget approval.				



Date: October 5, 2015

To: Gina English

From: Gary Dumas

Re: Educational Group Start-Up Classes

I have been privileged to serve those in need of support with both substance abuse and or various areas of what can be described as cognitive restructuring for many years. Throughout this period of service I persist to notice that there remains to be (5) areas most responsible for maximum client impact.

Those areas are:

Healthy discussions that culminate in greater understanding

Cognitive restructuring

Need for validation

Continued Education

Reinforcement of Self - Efficacy

Although there is always the expectation that clients are developing in the above areas, the concern always remain if whether or not clients are continuing their development on a consistent basis. I have said to clients on many accounts that -

"Sometimes it's not a matter of what you are doing wrong that's the problem, it could be that you're not doing enough of what is right"

There is always a need for clients to have a further resource that can offer them assistance in staying on the right course. G. A. Dumas Company L.L.C. is one of those resources.

Starting November 3rd 2015 I will be facilitating a variety of educational groups weekly that will cater to clients that meet one of three criteria's

- Clients that are in need of education related to addiction or aftercare service support
- 2. Clients that desire education services who does not qualify for full service treatment.
- 3. Clients that express an interest in attending educational groups in a non-traditional treatment setting

The mission is to assist clients with keeping their momentum in staying consistent in their continued development of recovery and cognitive restructuring process.

Why Gary Dumas?

Gary Dumas has been approved by the Missouri Department of corrections as a resource for providing service to clients in the state of Missouri. Gary Dumas is a State of Missouri credentialed substance abuse counselor that has proven himself in the following areas:

- Utilizing skills of sincere empathy
- Flexible facilitating and teaching techniques that appeal to various learning styles
- A professional who understands group processes according to Yalom's eleven factors of serving clients in group settings
- Good decision making when interacting with clients in the appropriate manner
- Skills to rectify any presented client disorder in groups in a non-coercive way
- Developing rapport with clients that results in healthy discussions during groups
- For further information on Gary Dumas please visit www.garydumas.com

Obviously educating clients is important, but what's more important is helping clients make the connection between the education presented and applying that education into every day practices.

The classes are available in (3) different sections.

Below you will find information concerning the class schedules and topics covered in each section. IS pol max in groups

Tuesday evenings 6:00 - 7:30pm

Understanding Addiction Series - This group primarily focuses on education regarding addiction, offer insight to the various ways to treat addiction from all substances, this series also communicates how addiction begins and ways to break cycles of addiction and addictive thinking.

- · Addictive Personality Behavior Disorder
- Dual Diagnosis

Thursday evenings 6:00 − 7:30⊋m

Relationship & Recovery Series – To instill hope in clients, clients hear others share similar problems, concerns, experiences, and other aspects of their lives, clients learn that they are capable of helping others as well as themselves and as a result their self-esteem becomes enhanced and they become less absorbed in their problems, clients learn to listen, maladaptive behavior is challenged, clients also learn to appreciate and improve social skills.

- Co-Dependency
- Abusive & Violent Relationship
- The basics of Trauma
- Men & women's education

Saturday afternoon 12:-1:30 pm

Personal Advancement Series - Education that inspires continued development, strengthen employability skills, enhance quality of life and awareness to the realization of aspirations.

- Momentum
- The New You
- 12 Steps (in-depth study)
- MCO Motivation For Criminal Offenders
- · Anger Management
- Wellness & Recovery
- A Better Tomorrow
- MRT

Location of classes

The office is located at 1734 east 63rd 6th floor, Suite 600B Kansas City, MO 64130 (Location 1 Building, corner of 63rd and Woodland.)





Enrollment process

Those interested will call 816-668-3380 to be placed on the list according to what section that are interested in or were referred to. Clients are expected to be on time according to the schedule.

Payments process

The fee for each class is \$10.00 to attend and will be due prior to entering the class. Payment is accepted in the form cash, debit/credit card or money order unless other arrangements have been agreed between client/organization and G. A. Dumas Company L.L.C. representative. All money orders can be made payable to G.A. Dumas Company L.L.C.

I hope this information presents a clear description of the educational group service. We are very excited about getting started. Please contact me with information on any clients that you feel would benefit from what we are offering.

Gary Dumas,

G. A. Dumas L.L.C.

1734 E 63rd Street Suite 600B

Kansas City, Missouri

64131

t. 816-668-3380

e. info@garydumas.com

Grace to inspire growth continues!

- ⇒ SOBRIETY SUSTAINMENT
- ⇒ UNDERSTANDING ADDICTION
- ⇒ MEN & WOMENS EDUCATION
- ⇒ RELATIONSHIPS AND RECOVERY
- ⇒ COGNITIVE RESTRUCTURING



⇒ INSPIRING, MOTIVATING, MOMENTUM BUILDING

Beginning November 3rd and Every Tuesday, & Thursday from 6:00 7:30p

12:00 noon—1:30pm on Saturdays

1734 E 63rd Suite 600B

Location One Building

CALL 816-668-3380 TO GET ON THE LIST

An educational group facilitator that has proven himself!

One thing that people share in common regardless of their disposition is the openness for new insight, fresh considerations and innovative approaches in making the most their lives!

Additional Contacts

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