REQUEST FOR LEGISLATIVE ACTION

Sponsor(s): Charlie Franklin March 4, 2019 Date:

SUBJECT	Action Requested Resolution						
	☐ Resolution ☐ ☐ Continuance						
	B. ' (Title A. O. lines and the Colon from the 2010 Commal Friend in 2000	entance of funds from					
	Project/Title: An Ordinance appropriating \$61,000 from the 2019 General Fund in acceptance of funds from Blue Cross & Blue Shield of Kansas City for a 2019 Associate Wellness Reimbursement Program.						
BUDGET	Blue of the office of Authors Only for a Box of Authors of Authors Only for a Box of Authors of Aut						
INFORMATION	Amount authorized by this legislation this fiscal year:	\$61,000					
To be completed							
By Requesting	Total amount authorized after this legislative action: \$61,000						
Department and	Amount budgeted for this item * (including transfers): \$0						
Finance	Source of funding (name of fund) and account code number;						
	FROM:	061,000					
	00-General Fund 2810 Undesignated Fund Balance	\$61,000					
	TO:						
	001-1202-56711 Blue Cross Blue Shield Wellness	\$61,000					
	* If account includes additional funds for other expenses, total budgeted in the account is: \$						
	OTHER EDIANCIAL DIECDMATION.						
	OTHER FINANCIAL INFORMATION: No budget impact (no fiscal note required)						
	Term and Supply Contract (funds approved in the annual budget); estimated value a	and use of contract:					
	Department: Estimated Use: \$						
	Prior Year Budget (if applicable):						
	Prior Year Actual Amount Spent (if applicable):						
PRIOR	Prior ordinances and (date):						
LEGISLATION	Prior resolutions and (date):						
CONTACT INFORMATION	RLA drafted by: Dennis Dumovich, Director of Human Resources, 816-881-3140						
REQUEST	This is a request to appropriate \$61,000 from the 2019 General Fund in acceptance of a stipend awarded to						
SUMMARY	Jackson County by Blue Cross and Blue Shield of Kansas City, for the purpose of provi	ding a 2019 wellness					
	reimbursement for all full-time associates up to \$55 per associate. Associates will be given a list of eligible						
	expenses (see attached list), that they will be able to claim for reimbursement. The reim	nbursements are					
	considered a benefit-in-kind and will be taxable income. Offering this wellness reimbur	rsement program will					
	allow associates to pursue wellness activities that meet their current individual needs. A Wellness						
,	Reimbursement Program encourages and supports a well-rounded healthy lifestyle for associates both at work and at home.						
CLEARANCE	Tax Clearance Completed (Purchasing & Department)						
CEETHUNICE	Business License Verified (Purchasing & Department)						
1	Chapter 6 Compliance - Affirmative Action/Prevailing Wage (County Auditor's Office)						
ATTACHMENTS							
REVIEW	Department Director:	Date:					
	Finance (Budget Approval): If applicable 7	Date: 2/25/19					
	Division Manager. Date:						
	County Counselor's Office:	Date:					

Fiscal	Information (to be verified by I	Budget Office in Finance De	epartment)							
	This expenditure was included in the annual budget.									
	Funds for this were encumbered from	_ Fund in								
	There is a balance otherwise unencumbered to the credit of the appropriation to which the expenditure is chargeable and there is a cash balance otherwise unencumbered in the treasury to the credit of the fund from which payment is to be made each sufficient to provide for the obligation herein authorized.									
	Funds sufficient for this expenditure will be/were appropriated by Ordinance #									
X	Funds sufficient for this appropriation are available from the source indicated below.									
	Account Number:	Account Title:	Amount Not to Exceed:							
	001-9999-47957	BCBS Wellness	\$61,000							
	This award is made on a need basis a funds for specific purchases will, of r	nd does not obligate Jackson Connecessity, be determined as each	unty to pay any specific amount. The availability of using agency places its order.							
	This legislative action does not impact	ct the County financially and doe	es not require Finance/Budget approval.							

Supplemental Appropriation Request Jackson County, Missouri

Funds sufficient for this appropriation are available from the source indicated below.

Date: February 25, 2019				Ord # <u>5207</u>				
Department / Division		Character/Description		From		То		
001	General Fund							
9999	<u>~</u>	47957	Blue Cross/Blue Shield Wellnes	\$	61,000	\$	2	
9999)40 <u> </u>	2810	Undesignated Fund Balance				61,000	
9999	ie;	2810	Undesignated Fund Balance	-	61,000	8		
1202	Human Resources	56711	Wellness Incentive			E-	61,000	
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				\$	61,000		61,000	

WELLNESS STIPEND



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The Wellness Stipend is designed to establish, implement and/or maintain program(s) which target increased awareness of health risks and/or support behavior change.

Below is a sampling of approved uses for the Wellness Stipend. Please request prior approval for programs or items not contained in the list below.

Blue KC Programs

Onsite classes and online challenges

Worksite Screenings

Lipid Panel (Cholesterol, Blood Pressure, Glucose, BMI, body fat percentage), Thyroid, Flu Shots, Venipuncture, Cotinine Testing

Worksite Health Fair Services Osteoporosis Screening, Skin Cancer Screening, Mobile Mammography, Cardiovascular Screening, CPR Certification

Wellness-Related Consultative Services

Licensed Registered Dietician (RD), Onsite Nurse (RN), Personal Trainer, Lifestyle Coach, Health and Wellness Coordinator

Behavioral Change Class/Program Physical Activity (Aerobic exercise, Flexibility, Strength); Healthy Eating (Fruits, Vegetables, Sugary Drinks, Meal Planning, Cooking Demonstration); Stress Management; Well-being (Career, Financial, Physical, Social, Community)

Health and Wellness Materials

Books, Videos, Brochures

Tobacco Cessation Programming Coaching Program (onsite or telephonic), Nicotine Replacement Therapy/RX Therapy, Digital Smoking Cessation Program, Smoking Cessation Seminars

Healthy Weight Programming

Weight Watchers at Work, Healthy Weight Coaching (onsite or telephonic), Digital Weight Management Program

Digital Programs

Self-Directed Coaching Modules, Online Challenges

Worksite Exercise Class/Relaxation Programming

Walking, Water Aerobics, Swimming, Cycling, Aerobics, Yoga, Stretching, Massage, Alternative/ Holistic Services

Fitness Services

Fitness Equipment (associated with an onsite employer fitness center – Cardio Machines, Free Weights, Weight Equipment), Health Kiosks, Sit-Stand Workstations, Race Entry Fees, Activity Tracking Devices

Incentives

Wellness-related items that incent participation in wellness programs.

Note: contribution-based incentives are not covered under this program.

Data Extracts

To generate company data extracts that are explicitly used to support wellness programs.